

# Quality of Education: **PE Curriculum**

### St Matthew's CE Primary School

**Our Motto:** 

## Let Your Light Shine

#### **Our Vision:**

Our Mission for St. Matthew's is encapsulated in our school motto: 'Let Your Light Shine'. We are always working to build a community in which everyone is empowered to know the best of themselves and to have the confidence to use their talents for the good of themselves and their communities. We help all members of our community to become resilient to the challenges that they face and to live a life that is rooted in values of the Gospels.



#### Matthew 5, 14-16

"You are the light of the world. A city set on a hill cannot be hidden. Nor do people light a lamp and put it under a basket, but on a stand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven."

#### Statement of Curriculum Intent

At St Matthew's we strive to create a culture which aims to inspire an active generation to enjoy PE, encourage each other and achieve. We intend to deliver high-quality teaching and learning opportunities that enable all children to achieve their personal best within a safe and caring environment therefore supporting their physical, emotional, spiritual, social and moral development. Our curriculum aims to improve the well-being and fitness of all children, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes.

#### **Statement of Implementation**

At St. Matthew's we ensure that PE provides challenging and enjoyable learning through a range of sporting activities including; invasion games, strike and field games, gymnastics, dance and swimming. The long-term overview for each year group sets out the PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met whilst a progression of skills throughout the year groups is also clear to see. Pupils participate in two high quality PE lessons each week, delivered by a specialist PE teacher employed by the school, covering two sporting disciplines every half term. During all lessons, children are both supported and challenged to achieve their very best. We strive to meet the needs of <u>all</u> pupils, including those who are disadvantaged, those who have special educational needs, those who may be gifted or talented in the area of PE, those who are learning English as an additional language and we take all reasonable steps to achieve this. In addition, all children are encouraged to participate in the varied range of extra-curricular activities and opportunities to represent the school.

#### **Statement of Impact**

As a result of PE taught at St Matthew's our pupils are physically active, and this has a positive impact on their learning in the classroom. Children understand how to lead a healthy lifestyle and understand the importance of regular exercise. We aspire for children to enjoy PE and develop a love of sport and physical activity which becomes part of their future life outside of St Matthew's Primary School. Alongside this, we share sporting achievements both in and out of school in our Shine Assembly, so that we are promoting sports and activities, as well as celebrating all levels of success.

Please refer to the "Evidencing the impact of PE and the Sport Premium" for detailed information.

#### **Principles of Curriculum Design**

We use the National Curriculum and the EYFS as the basis for our planning of PE and sport. In Early Years, PE is delivered through the continuous access of the outdoor environment and equipment. This gives children the time, opportunities and space to practice the skills set out in the Early Years Foundation Stage Framework. Children are encouraged to take risks, be active and make healthy choices. Staff support children to develop their fine and gross motor control, co-ordination and how to handle equipment and tools effectively in positive, relevant ways. The children have continuous opportunities to ride bikes, climb, balance, move to music and develop basic ball skills daily. This lays the physical foundations for our youngest children, which they will continue to develop through more formal sessions in Key Stage 1.

We work alongside the Stockport SHAPES partnership and our sports coach to plan opportunities for children of all abilities to develop their skills across the different strands of PE and sport. We plan for progression and development, so that the children are increasingly challenged as they move through the school. This allows the children at St Matthew's to fulfil the School Vision; to feel empowered to know the best of themselves and build their confidence to use their talents for the good of themselves.