

# Week 3

# My School Menu



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Main Course**

**Vegetarian**

**Jacket Potato**

**Dessert**



**Cheesy Pizza**  
G,MK,S

**Potato Wedges**  
**Sweetcorn**



**with various fillings E,F,MK**  
**Chopped Salad**



**Strawberry Whirl MK**  
**Fresh Fruit Platter**

**Mexican Stack**  
G, MK  
**Potato Wedges**  
**Peas & Sweetcorn**



**Savoury Cheese Flan**  
G,E,MK

**Potato Wedges**  
**Peas & Sweetcorn**



**with various fillings E,F,MK**  
**Chopped Salad**



**Ginger & Pear Muffin**  
G,E,MK  
**Fresh Fruit Platter**

**Roast Chicken**  
**Roast Potatoes**  
**Country Mixed Veg,**  
**Stuffing G, Gravy**



**Potato and Cheese Bake**  
E,MK

**Country mixed Vegetables**



**with various fillings E,F,MK**  
**Chopped Salad**



**Steamed Syrup Sponge**  
G,E,MK  
**with Custard MK**  
**Fresh Fruit Platter**

**All Day Breakfast**  
G,E,SD

**Baked Beans**



**Vegetarian All Day Breakfast**  
G,E,S,SD

**Baked Beans**



**with various fillings E,F,MK**  
**Chopped Salad**



**Lemon Bites**  
G  
**Fresh Fruit Salad**



**Battered Fish Fillet**  
G,F,M

**Oven Chips**  
**Garden Peas**



**with various fillings E,F,MK**  
**Chopped Salad**



**Sultana and Orange**  
**Shortcake G,E**  
**Fresh Fruit Platter**



**Allergen Information**

G=Gluten  
MK=milk  
M=mustard  
S=soya  
SE=Sesame  
E=Egg  
SD=Sulphur dioxide  
C=Celery  
F=Fish